

Eye Exams for Children

If there is a family history of pediatric eye abnormalities such as cataracts or strabismus (crossed eyes), we recommend that children first visit a pediatric ophthalmologist by the age of 12 months to be sure their eyes are developing normally. If the examination is normal, or if there is no family history of eye problems, an examination should be performed at EyeCare Associates of the San Ramon Valley at age 4 or 5, before the child begins kindergarten. After that, we can recommend an examination frequency that is appropriate based on your child's examination and family history.

Examination of children's eyes can determine vision conditions requiring glasses and other medical conditions. These conditions include eye alignment problems, cataracts and retinal abnormalities.

During your child's eye examination, we can utilize the Optomap® retinal exam to take a computerized ultra wide field digital scan of their retina without dilating the pupils. This gives us an in depth view of the retina, which is where disease can start.

Insurance typically does not cover any advanced screening technology beyond the general eye exam. Our office will perform the Optomap® Retinal Exam on your child for a fee of \$39.00.